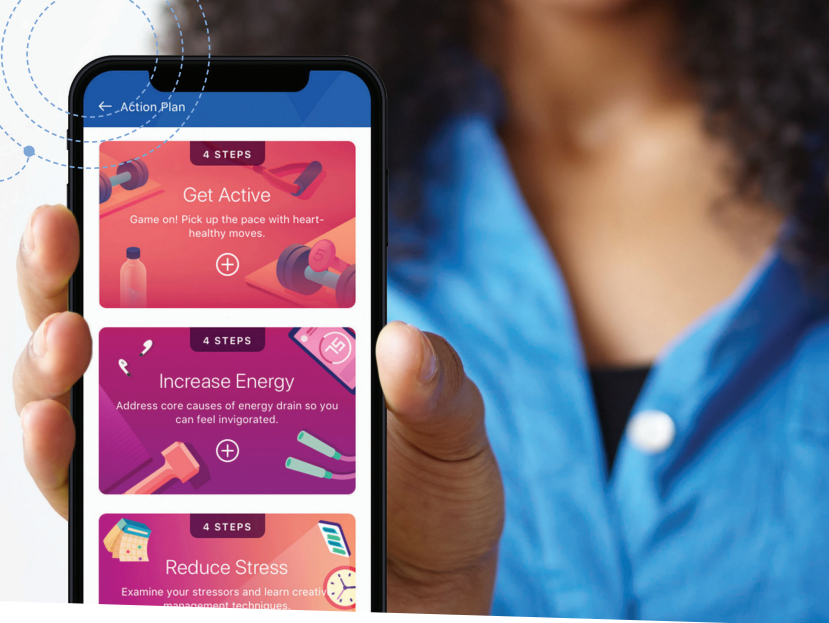


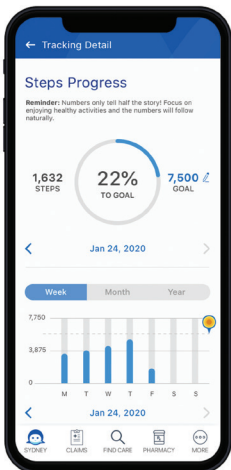
# Discover a powerful and more personalized health app

View all your benefits and access wellness tools to improve your overall health with the Sydney Health app



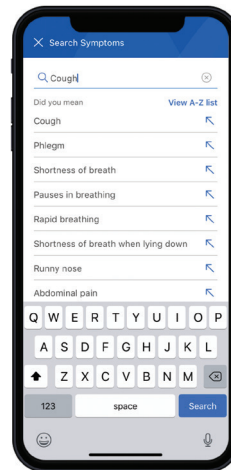
The Sydney<sup>SM</sup> Health mobile app works with you by guiding you to better overall health — and for you by bringing your benefits and health information together in one convenient place. Sydney Health has everything you need to know about your benefits, so you can make the most of them while taking care of your health.

## Working with you



- Reminding you about important preventive care needs\*
- Planning and tracking your health goals, fitness, and rewards
- Guiding you with insights based on your history and changing health needs
- Empowering you with personalized tools to find and compare healthcare providers and check costs\*
- Connect with all of your 3rd party benefits

## Working for you



- Storing your member ID card so you can show, email, or fax it right from your phone
- Connecting you directly to care through a virtual video or text visit



Download  
Sydney Health  
today



\* Based on your plan enrollment.

Sydney Health is offered through an arrangement with CareMarket, Inc., a separate company offering mobile application services on behalf of Anthem Blue Cross and Blue Shield. ©2020-2021.

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